



# SUGAR BOWL ACADEMY

## GRIT. GRACE. COURAGE.

Sugar Bowl Academy is a co-ed, independent, college-prep academy celebrating 25-years of fostering grace, grit, and courage in the lives of our scholar-athletes. Founded in 1998, Sugar Bowl Academy is accredited by the California Association on Independent Schools and the Western Association of Schools and Colleges.

Designed specifically for elite scholar-athletes who wish to pursue Alpine, Nordic, and Freeride skiing at a National, International, and Olympic level. The Sugar Bowl Academy community is committed to high standards of scholarship, athletic excellence, and character development as we celebrate grit, grace, and courage in all areas of life.

Through our rigorous Program of Academics, extensive training program, supportive residential environment, elite coaches, world-class athletic opportunities, and professional mental health care, Sugar Bowl Academy encourages each scholar-athlete to develop curious and creative minds, healthy and strong bodies, and strong moral character.

A vibrant, ethical community that embraces grit, grace, and courage, the Academy inspires scholar-athletes towards a posture and practice of excellence, learning, leadership, and service that requires a local and global understanding of their place in the world.

Sugar Bowl Academy is an Honors Academy. Honors classes address the same learning and assessment standards of the Academy's Core classes, yet allow students to engage in greater academic rigor, navigate additional learning content at an accelerated pace, and participate in higher learning and assessment standards for both the quality and quantity of student work. Honors classes are designed for scholar-athletes who love learning and seek the opportunity of admission into elite colleges and universities, both domestically and internationally.

### Sugar Bowl Academy by the Numbers

**9** average class size

**28** boarding students **52** day students

**100%** of coaching staff hold national or international certificates.

**7:1** student to faculty ratio

**54%** of faculty hold advanced degrees

Sugar Bowl Academy seeks to cultivate Academic and Athletic excellence. As an elite scholar-athlete, whether you're a boarding or day student, you will call Sugar Bowl Academy campus home as you experience a wide variety of opportunities and challenges - from experiences that form your character, to rigorous coursework, to the opportunity of pursuing athletic excellence, and building lifelong friendships. All located within Sugar Bowl Resort, your access to extraordinary resources and peers who are pursuing identical goals and dreams, your Sugar Bowl experience will be as unique as you are.

### Additional Memberships

California Association of Independent Schools, National Association of Independent Schools, Coalition of Essential Schools, The Association of Boarding Schools

815 Lupine Trail Norden, CA 95724 (530) 269-7401 [www.sbacademy.org](http://www.sbacademy.org)

**Executive Director/ Head of School**  
**Stephen McMahon**  
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**Director of College Counseling**  
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**Dean of Academics**  
**Dr. Toby Castle**  
[tcastle@sbacademy.org](mailto:tcastle@sbacademy.org)

**CEEB  
CODE**  
**052201**

# Program of Study

**English (4-Years):** English 9; British Literature; American Literature; English 12

**Mathematics (3-Years):** Algebra 1; Geometry; Algebra 2; Pre-Calculus; Statistics; Calculus

**Social Science (3-Years):** World History; Human Geography; US History; Economics and Government

**Science (3-Years):** Biology; Chemistry; Environmental Field Science; Physics

**Foreign Language (3-Years):** Spanish 1; Spanish 2; Spanish 3; Spanish 4; Spanish 5

**Visual and Performing Arts (1-Year):** Studio Art 1; Studio Art 2; Advanced Studio Art; Drama

**Honors:** English 12; Calculus; Human Geography; Economics and Government; Environmental Field Science; Physics; Spanish 5; Senior Project

**Additional Requirements:** Conditioning (1-Credit, enrolled each year) Senior Project.

**Electives:** Astronomy; Anatomy; Computer Programming; Computer Programming 2; Earth and Space Science; Health; Performance for Athletes; Science of Mindfulness; Ceramics; Digital Photography; Graphic Design; Introduction to Drawing and Painting; Ecocriticism; Economics; Introduction to Philosophy; Philosophy; Post-Colonial Russia; Rhetoric and Writing; Social Justice; World Religions.

## Holistic and Rigorous Experiences

Monday through Friday Academy programming begins at 8:35 am with morning training. Scholar-athletes have the opportunity to enroll in Honors Classes as a Sophomore and engage in rigorous academic experiences. With an average class size of 10, scholar-athletes will have opportunities to actively participate in their classes, and their teachers will know them well. Each scholar-athlete will also be a part of the Academy's Point-Person Program. The Point-Person Program helps guide and support Sugar Bowl Academy scholar-athletes through their holistic academic-athletic-character experience.

## Senior Project

As a prerequisite for graduation, all SBA seniors are required to complete a year-long senior project that becomes seniors' primary focus throughout the spring trimester. The Senior Project program is the academic capstone of the Sugar Bowl Academy experience that emphasizes independent inquiry and intellectual rigor. Scholar-athletes are required to write a 10-20-plus-page research paper, present for 20-30 minutes before the SBA community, and document their experience through a portfolio. Some scholar-athletes will also choose to create a product as a natural extension of their inquiry. All scholar-athletes learn the skills of annotating a bibliography, formal outlining, sourcing and citing research, interviewing, surveying, working with mentors, and more.

## Grading & Class Rank

Sugar Bowl Academy's academic year is divided into trimesters with official grades reported at the end of each term. The Sugar Bowl Academy transcript reports a cumulative, unweighted GPA calculated on a 4.00 scale. Additional credit of 0.33 is awarded for an A+ grade (98%-100%) with a maximum GPA of 4.33. Coursework completed at other institutions does appear on a Sugar Bowl Academy transcript, yet GPAs include only coursework completed at Sugar Bowl Academy. Sugar Bowl Academy does not rank its student-athletes.

Class of 2023 Senior Year Cumulative GPA Distribution	
4.33 <	23%
4.00	7%
3.75-3.99	24%
3.5-3.74	24%
3.25-3.49	15%
3.0- 3.24	0
2.75- 2.99	7%

## College Acceptances

100% of our graduates attend four-year colleges and universities. Occasionally, graduates choose to take a gap year between high school and college to continue their pursuit of competitive skiing. Sugar Bowl Academy graduates from the past four years have been accepted to the following schools:

### 2023 Matriculation\*

American Univ.  
Arizona State Univ.  
Babson College  
Bates College\*  
Boise State  
Boston College\*  
Bowdoin College  
Cal Poly State Univ.  
Cal Poly Tech, Pomona  
CSU, Fresno  
CSU, Long Beach  
CSU, Monterey  
CSU, San Francisco  
Chapman University  
Clarkson Univ.

Colby College  
Colby-Sawyer College  
Colgate Univ.  
Colorado College  
Colorado Mesa Univ.  
College of Idaho  
Dartmouth  
Denison Univ.  
Gonzaga Univ.  
Grinnell College  
Hamilton College  
Harvard Univ.  
Ithaca College  
Kenyon College  
Lafayette College  
Lewis and Clark College

Macalester College  
Michigan Tech Univ.  
Middlebury College  
Montana State Univ.  
New York Univ.  
Northern Arizona Univ  
Northern Michigan  
Oberlin College  
Occidental College  
Quest Univ.  
Rice Univ.  
Santa Clara Univ.  
Saint Michael's College  
San Diego State Univ.  
San Francisco State Univ.  
San Jose State Univ.

Scripps College  
Seattle Univ.  
Skidmore College  
Smith College  
St. Lawrence Univ.  
Univ. of Alaska, Anchorage\*  
Univ. of Arizona  
UC, Berkeley  
UC, Davis  
UC, Los Angeles  
UC, Merced  
UC, Santa Barbara  
UC, Santa Cruz  
UC, San Diego  
Univ. of Chicago  
Univ. of Colorado, Boulder\*

Univ. of Denver  
Univ. of Hawaii-Mānoa  
Univ. of Maryland  
Univ. of New Hampshire  
Univ. of New Mexico  
Univ. of Oregon  
Univ. of Puget Sound  
Univ. of San Francisco  
Univ. of Saint Andrews  
Univ. of Utah\*  
Univ. of Vermont\*  
Univ. of Washington\*  
Washington Univ., St. Louis  
Wesleyan Univ.\*  
Western Washington Univ.  
Westminster College  
Whitman College